

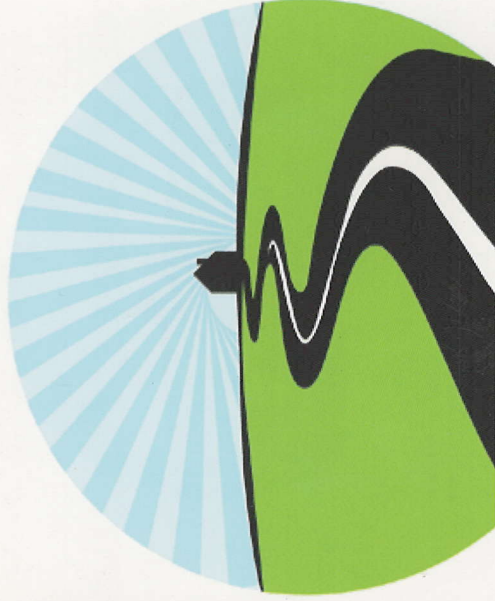
Addiction to drugs and alcohol sickens and divides the body, mind, and spirit, leading to a sense of despair and futility, mental and emotional turmoil, and physical degradation.

The good news is at Another Road we can help you make the changes you need to break free from the self-destructive downward spiral of addiction.

Our team of therapists, and counselors, with decades of lived and professional experience, helping individuals and their families recover from alcohol and drug addiction.



www.anotherroadaddictionrecovery.com
info@anotherroadaddictionrecovery.com



Another Road

Addiction Recovery Centre

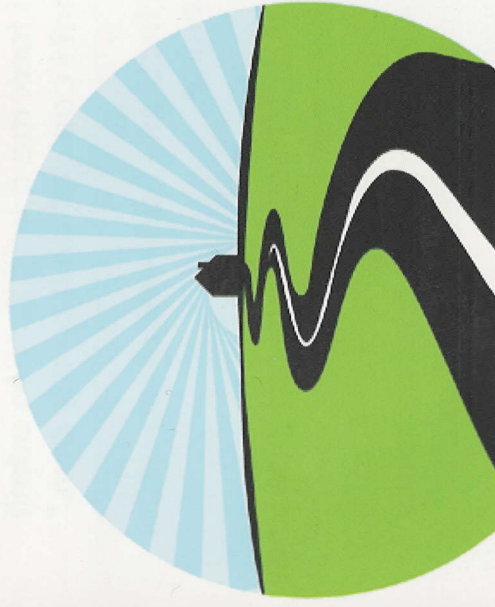
Fees for our 28-day program are comparable to those required by government funded programs. With a staff client ratio of 3 to 1 we provide a comprehensive, flexible, fully personalized program that includes individual, group, and family counselling

Another Road

Addiction Recovery

844-680-9269
13201 Humber Station Rd.
Caledon, Ontario L7E 0Z7

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Another Road

Addiction Recovery Centre

"A bend in the road is not the end of the road unless you fail to make the turn."

A unique 10 bed, private facility located in a serene country setting near Bolton Ontario, on the outskirts of Toronto, offering an alternative, integrated addiction treatment program, that is client centered and family focused.

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"It took me a long time to admit that I couldn't do it on my own."

"I thought I had everything under control"

"I didn't think that anyone else knew what I was doing."

"I didn't think that anyone really cared. I just felt judged and misunderstood."

"I didn't think that I had a problem."

"It all started very innocently."

"Everyone else is doing the same thing as me."

"I'm only hurting myself."

"I had no idea how much my behaviour was affecting my family."

"I'm not an addict. I can quit anytime I want. I don't have a problem."

"I thought I was having fun until it wasn't fun anymore!"

"I plan to quit when it starts to affect my health."

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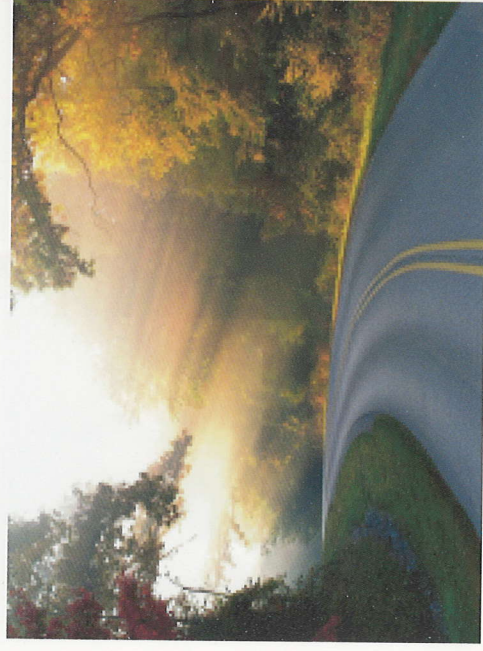
- **Interventions**
- **Day Program**
- **Proper Rest and Nourishment**
- **Stages of Change**
- **12 step principles/CBT**
- **Managing Stress**
- **Strategies for Coping**
- **Preventing Relapse**
- **Individual counseling (24x7)**
- **Facilitated group sessions**
- **Recovery Planning**
- **Mindfulness techniques**

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Most in-patient facilities with large client populations offer a one size fits all cookie cutter approach to recovery. At Another Road we assist a maximum number of 10, allowing us to engage with our clients in an effective and meaningful way.

Our approach to addiction treatment encompasses a range of therapeutic approaches that will lay the groundwork for lasting recovery. As alcoholism and addiction to drugs adversely affects significant others we provide a variety of workshops designed to provide information, education, and support for families.

At Another Road we are committed to treating each person with dignity and respect, recognizing that each person is an individual with unique challenges that require a unique approach.



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